



**JOHN R. KASICH**  
GOVERNOR • STATE OF OHIO  

---

**Communication Department**

August 1, 2013

Holly Davis, (614) 420-6946, [Holly.Davis@Governor.Ohio.Gov](mailto:Holly.Davis@Governor.Ohio.Gov)  
Rob Nichols, (330) 760-7582, [Rob.Nichols@Governor.Ohio.Gov](mailto:Rob.Nichols@Governor.Ohio.Gov)

*Media Advisory*

**FIRST LADY KAREN W. KASICH TO HOST FIRST LADY'S DAY AT THE OHIO STATE FAIR**

***Events Will Highlight Agriculture, Youth Organizations and Fitness***

**Who:** First Lady Karen W. Kasich, Department of Agriculture Director David T. Daniels, Ohio State Fire Marshall Larry Flowers, Ohio State University's Dr. Dee Jepsen, Central Ohio Non-Profit Local Matters, Ohio State University College Athletes and Representatives from Boy Scouts of America, Girl Scouts of USA and other youth organizations

**What:** Mrs. Kasich will host several events at the fairgrounds for First Lady's Day, highlighting agriculture, youth organizations and fitness. Media are welcome to join Mrs. Kasich at the events detailed below.

**Where:** Ohio Expo Center and State Fairgrounds

**When:** Friday, August 2, 2013

**Timeline:** All day: First Lady's Day "State Fair Pedometer Challenge"

Each youth organization in the Youth Center, as well as the All-Ohio State Fair Band and Youth Choir, will receive 10 free pedometers and be asked to track their steps prior to Friday, Aug. 2. The remaining pedometers (approx. 400) will be distributed at the Cardinal Gate and the OHIO Gate.

Youth will be encouraged to post their steps at <http://tinyurl.com/fairsteps>. Fair participants will be asked to text "WALK10K" to 88588 after they have walked 10,000 steps. At 3PM, a winner will be drawn from that group to receive passes to attend the 2014 Ohio State Fair.

**10:30 a.m. – Silo Safety: Grain C.A.R.T.**

**Location:** Ohio Department of Agriculture Tent

**People:** Department of Agriculture Director David T. Daniels, Ohio State Fire Marshall Larry Flowers and Ohio State University Assistant Professor and State Agricultural Safety Leader Dr. Dee Jepsen

Ohio Departments of Agriculture and Commerce host instructors from the Ohio Fire Academy as they demonstrated grain bin storage rescue operations as part of First

Lady's Day at the Ohio State Fair. Emergency first responders will take part in a specialized training simulation that can reduce the severity of farm accidents.

**11:00 a.m. – The Girl Scouts Games**

**Location:** Center of the Lausche Building/Youth Center

**People:** Girl Scouts of USA, fairgoers

Mrs. Kasich will visit with Ohio Girl Scouts and hand out medals to a set of Girl Scout Games winners. The Girl Scouts Games include a variety of activities from hula hoops to crab walk races.

**11:30 a.m. – Rock Wall Climb Kick-Off**

**Location:** Youth Center Lawn, just inside Cardinal Gate

**People:** Representatives from youth organizations at Ohio State Fair, fairgoers

Mrs. Kasich will kick off the preliminary competition for the Rock Wall Climb. Youth organizations in the Youth Center were invited to send representatives to go head-to-head in climbing heats for the chance to win a prize. There will be competitions for three age groups: 9 and under, 10-13, 14-18. Youth organization members, as well as members of the public, will be encouraged to participate.

**12:00p.m. – First Lady's Day Healthy Cooking Demonstration**

**Location:** Taste of Ohio Café

**People:** Michael Jones, Local Matters Co-founder & Executive Director; Laura Robertson-Boyd, Executive Chef at Local Matters

Mrs. Kasich will join Michael Jones and Chef Laura Robertson Boyd to prepare a healthy summer meal with all-Ohio ingredients accompanied by Ohio wine pairings.

**2:00pm- Boy Scouts "Fit for Scouting" Day**

**Location:** Youth Center and Youth Center Lawn

**People:** College Athletes from The Ohio State University, representatives of Boy Scouts of America

Mrs. Kasich will see if she is "tougher than a Boy Scout." She will compete in fitness testing with local college athletes.

**2:30 p.m. – Rock Wall Climb for Kids Semi-Finals and Finals**

**Location:** Youth Center Lawn, just inside Cardinal Gate

**People:** Representatives from youth organizations at Ohio State Fair, fairgoers

Mrs. Kasich will host the Rock Wall Climb Semi-Finals and Finals. The finalists in three divisions (grades K-2, 3-4 and 5-6) will compete for prizes.

**3:20 p.m. – Youth Arts Exhibition**

**Location:** Cox Fine Arts Center

Mrs. Kasich will tour of the Cox Fine Arts Center and youth arts exhibition.

**4:00 p.m. – The Ohio State Fair Parade**

**Location:** ODNR Park

Mrs. Kasich will close out First Lady's Day with a walk in the parade, accompanied by the Ohio Proud program.

###